

# Miyagi Chojun Festival 2010 Training Schedule

Times	Wednesday - June 2nd		Thursday - June 3rd		Friday - June 4th		Saturday - June 5th		Sunday - June 6th
8:00 am									<b>Tournament</b> <b>Registration 7:30 am</b> <b>Pan-American Championships</b> <b>9:00 am to Finish</b>
8:30 am					<b>Yondan &amp; Above</b> <b>8:30 - 9:50 am</b>		<b>Godan &amp; Above</b> <b>8:30 - 9:50 am</b>		
9:00 am									
9:30 am					<b>All Ranks Group Training</b> <b>10:00 - 10:50 am</b>		<b>All Ranks Group Training</b> <b>10:00 - 10:50 am</b>		
10:00 am									
10:30 am					<b>All Kyu</b> <b>Grades</b> <b>Junior/Adult</b>		<b>All Dan</b> <b>Grades</b> <b>Junior/Adult</b>		
11:00 am	<b>EC Meeting</b> <b>1:30 - 2:30 pm</b> <b>At the Hotel</b>		<b>IOGKF Instructor Meeting</b> <b>1:30 - 2:30 pm</b> <b>At the Hotel</b>						
11:30 am									
12:00 pm					<b>Lunch</b>		<b>Lunch</b>		
12:30 pm									
1:00 pm					<b>All Ranks Irikumi Training</b> <b>with Sensei Buchwald</b> <b>1:30 - 3:00 pm</b>		<b>All Ranks Irikumi Training</b> <b>with Sensei de Wet</b> <b>1:30 - 3:00 pm</b>		
1:30 pm									
2:00 pm	<b>Registration Begins</b> <b>2:00 - 4:30 pm</b>		<b>Registration Begins</b> <b>2:00 - 4:30 pm</b>		<b>Black Belt Grading</b> <b>At Family Karate Center</b> <b>Begins at 3:00 pm</b>		<b>Demonstrations</b> <b>3:30 - 5:30 pm</b> <b>Shihan Higaonna</b> <b>Sensei Nakamura</b> <b>IOGKF Instructors</b>		
2:30 pm									
3:00 pm	<b>Black Belt Training</b> <b>3:00 - 4:20 pm</b> <b>4:30 pm Referee Training</b>		<b>Black Belt Training</b> <b>3:00 - 4:20 pm</b> <b>4:30 pm Referee Training</b>		<b>Guest Instructor</b> <b>Mr. Roy Harrington</b> <b>3:30 - 5:00 pm</b>				
3:30 pm									
4:00 pm	<b>Juniors</b> <b>White—8th</b> <b>4:30—5:50 pm</b>		<b>Juniors</b> <b>7th—kyu &amp; up</b> <b>4:30—5:50 pm</b>		<b>Guest Instructor</b> <b>Mr. Chris Charnos</b> <b>5:00 - 6:30 pm</b>				
4:30 pm									
5:00 pm	<b>Adults</b> <b>White—8th</b> <b>6:00—7:30 pm</b>		<b>Adults</b> <b>7th—1st kyu</b> <b>6:00—7:30 pm</b>						
5:30 pm									
6:00 pm	<b>Welcome Party</b> <b>8:00 - 10:00 pm</b>				<b>EC Members &amp; Grading Panel Dinner</b> <b>7:30 - 9:00 pm</b>		<b>Sayonara Dinner</b> <b>7:00 - 11:00 pm</b>		
6:30 pm									
7:00 pm							<b>Informal No-Host Party after Tournament</b> <b>Location to be Announced</b>		
7:30 pm									
8:00 pm									
8:30 pm									
9:00 pm									

