

**I.O.G.K.F. Fowlerville, Michigan USA**  
**Midwest Regional Gasshuku**

Conducted by **Gene Villa**  
6th Dan Okinawan Goju-Ryu Karate  
Chief Instructor IOGKF USA

**March 19-21, 2010**

Event Site:

**Ohana Karate**  
**7150 W. Grand River**  
**Fowlerville, Michigan 48836**

Hosted by:

**Ohana Karate**  
Contact Sam Larioza (517) 223-9131

Email: sensei @ohanakarate.com

Website: [www.ohanakarate.com](http://www.ohanakarate.com)

### **Featured Instructor – Gene Villa Sensei**

Gene Villa started his martial arts training in 1963 at the age of five under the instruction of his father, a 3rd degree black belt in judo. As he grew older, his interest in other martial arts grew. This led him to study several different styles: Shotokan, Kenpo, Thai Kickboxing and Chinese Wushu. Although gaining skills and knowledge from each style, he still felt there was something missing and in 1977 he began training in the style of karate called Goju. The philosophy of Goju-Ryu emphasizes the importance of balance between mind and body. Seeking to learn more about the art of Goju-Ryu, Sensei Villa began training in 1990 under Master Morio Higaonna, the world chief instructor of the International Okinawan Goju-Ryu Karate-Do Federation. Master Higaonna teaches that the most important purpose of karate is to develop balance within ourselves, enabling us to express our true nature and to become better human beings. This is the true meaning of Karate.



## **Gasshuku Rules / Guidelines**

- \*All participants must wear a clean gi. No exceptions to this rule will be allowed.
- \*Participants must be on time to seminars: try to arrive at least 15 minutes before the beginning of each seminar.
- \*All participants are expected to conduct themselves in the tradition of true karate with proper etiquette at all times.
- \*Participants may want to bring a water bottle and a hand towel to seminars.
- \*Spectators must stay off the training floor at all times respectfully quiet during the seminars.
- \*All junior students who attend must try to maintain a level of concentration appropriate to the training.

# **Tentative Gasshuku Schedule**

(\*subject to change, check [www.ohanakarate.com](http://www.ohanakarate.com))

## Friday March 19

**5:30 – 6:00** Little Ninjas and Little Dragons - **Kopke**  
**6:00 – 6:45** Beginner Juniors (orange belt and below) - **Weisja**  
**6:45 – 7:30** Int/Adv Juniors (green belt and up) - **Garwood**  
**7:30 – 9:30** All Adults – **Weisja/Garwood/Kopke/Larioza**

## Saturday March 20

**9:45 – 10:15** Little Ninjas and Little Dragons - **Garwood**  
**10:15 – 11:00** Beginner Juniors (orange belt and below) - **Kopke**  
**11:00** Kids Group Photo  
**11:15 – 12:00** Int/Adv Juniors (green belt and up) - **Villa**  
**12:00 – 3:00** All Adults - **Villa**  
**3:00** Adult / Adv Junior Group Photo  
**3:00 – 4:00** Adv Juniors (Purple and up) - **Weisja**  
**4:00 – 7:00** All Adults - **Villa**  
**7:30** Dinner at New Century Buffet/After Training Liquid  
Replenishment at Cleary's Pub

## Sunday March 21

**9:00 – 10:30** Little Ninjas and Little Dragons - **Weisja**  
**10:30 – 11:15** Int/Adv Juniors (green belt and up) - **Kopke**  
**11:15 – 12:00** Beginner Juniors (orange belt and below) - **Villa**  
**12:00 – 3:00** All Adults - **Villa**

To register by mail:  
Ohana Karate  
PO Box 511  
Fowlerville, MI 48836-0511

Name \_\_\_\_\_ Age \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
Phone Number \_\_\_\_\_ Email Address \_\_\_\_\_  
Rank \_\_\_\_\_ Instructors Name \_\_\_\_\_

**Mark Appropriate Boxes:**

**Gasshuku Rates**

- Three Day Adult Training (includes juniors that train with the adults) \$40.00
- Three Day Children/Youth Training (Juniors classes only) \$18.00
- One Day Children/Youth Training (Juniors classes only) \$10.00 each day
- Three Day Family Rate (same household) \$60.00

**Total Fees: \$ \_\_\_\_\_**

Method of Payment: \_\_\_\_\_ Check Enclosed (Make checks payable to Ohana Karate)

Cash

Pay Credit Card. Type of Card: \_\_\_\_\_ Exp Date: \_\_\_\_\_  
Name on Card: \_\_\_\_\_ Security Code: \_\_\_\_\_  
Card Number: \_\_\_\_\_

**Waiver:**

I, the undersigned, do hereby voluntarily submit my application for the attendance and participation in the IOGKF-USA Midwest Regional Gasshuku on March 19<sup>th</sup> through 21<sup>st</sup>, 2010. I do hereby assume full responsibility for any and all damages, injuries or losses, I may sustain or incur, if any while attending or participating and hereby waive any and all claims against the directors of said Gasshuku: Gene Villa, Sam Larioza, Randy Kopke and any and all directors, agents or employees of Ohana Family Karate and Fitness Center, LLC individually, in full or otherwise for any claim of injuries that I may sustain. I also state that I have no medical problems including but not limited to heart conditions, epilepsy, hernias, etc. I fully understand that any medical treatment given to me will be of First Aid type only, and I fully waive all claims for injuries or damages that may result from such treatment, whether given with or without my express consent. I consent that any photographs or video recordings furnished by me or taken of me in connection with IOGKF-USA Midwest Regional Gasshuku can be used for any publicity, promotion, or television showing, and waive any compensation in regards thereto. I have read and understand the statements in the preceding waiver and acknowledge the complete acceptance of same.

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Participant Signature mm dd yy Parent or Guardian mm dd yy

## **Hotels**

Both hotels are new and very nice. (I think that the Holiday Inn is slightly better) They are both located in the same area.

### **Baymont Inn and Suites**

**4120 Lambert Drive**

**Howell, MI 48855**

**(517) 546-0712**

(Molly)

Heated indoor pool, Complimentary continental breakfast

Single: \$70/night

Double: \$70/night

### **Holiday Inn Express Hotel & Suites**

**1397 N Burkhart Road**

**Howell, MI 48855**

**(517) 548-0100**

(Jill)

Heated indoor pool, Complimentary hot express breakfast

Single: \$79 /night

Double: \$79/night