

**I.O.G.K.F. CONNECTICUT
NORTHEAST REGIONAL
GASSHUKU**

May 4-6, 2012

Featuring **Sensei Herbert Allen**
6th Dan Okinawa Goju- ryu Karate do
Northeast Regional Coordinator

The Venue:

New London Plaza Hotel
35 Governor Winthrop Blvd.
New London, CT 06320
(860) 443-7000

*see following pages for special room rates

For more information please contact:

Ralph Batty, Jr.
(860) 917- 8105

Karateman108@yahoo.com

**Featured Instructor Sensei Herbert Allen
6th Dan Okinawa Goju Ryu
USA Northeast Regional Coordinator**



Sensei Herbert Allen, Jr. was born and raised in Philadelphia. His 40 years of Karate experience has enabled him to train with internationally known Karate instructors, such as Teruo Chinen (former IOGKF senior) and Morio Higaonna, the current chairman of the IOGKF. Considering his dynamic training methods, he has accumulated several National and International titles and awards, making him one of the most well known Kata competitors in the US.

Some of his most prestigious accomplishments include:

- State & Regional titles from the U.S.A. Karate Federation (USAKF)
- State & Regional titles from Amateur Athletic Union (AAU) Championships
- Miyazaki's 25th Anniversary Traditional Karate Championships
- Traditional Karate World Championships

Schedule of Events

Friday May 4th

5:00 pm to 6:00 pm	All Ranks (ages 6-12) **
6:15 pm to 7:30 pm	Adult Black Belt (18 & older)
7:45 pm to 9:00 pm	All Ranks (13 & older)

Saturday May 5th

8:00 am to 8:30 am	NE Regional Meeting
8:45 am to 10:45 am	All Ranks (13 & older)
11:15 am to 11:30am	Group photo (all participants)
11:30 am to 12:30 pm	All Ranks (ages 6-12)
2:00 pm to 3:15 pm	6 th kyu and up (13 & older)
3:15 pm to 5:00 pm	Adult Black Belt (18 & older)
7:00 pm	Dinner

Sunday May 6th

8:00 am to 9:00 am	All Ranks (ages 6-12)
9:15 am to 10:30 am	All Ranks (13& older)
10:45 am to 12:30 pm	Adult Black Belt (18 & older)

***to be instructed by Sensei Chris De Wet*

HOTEL INFORMATION

New London Plaza Hotel

35 Governor Winthrop Blvd.
New London, CT 06320
(860) 443-7000

Special rate for participants.....\$99.00 per night
(Mention you are with the CT IOGKF)

Everyone who stays at the NL Plaza will be entered into a drawing for a chance to have their hotel room for free!

Training will be held in the Plaza Banquet room

Cinco De Mayo Dinner

Saturday May 5 7:00pm
Plaza Banquet room

Prizes and drawing will take place during our festivities

Gasshuku Rates

Adult training: All ranks (ages 13 and older) \$100.00

- All fee's must be in by March 1st 2012
- Add a \$10.00 late fee if after March 1st.

Youth training: All Ranks (ages 6-12) \$70.00

- All fee's must be in by March 1st 2012
- Add a \$10.00 late fee if after March 1st.

Both Adult and Youth fee include Cinco De Mayo Dinner and a Gasshuku t-shirt

If you would like to add an **extra** dinner or T-shirt please specify below;
(Do not add participant's shirt or dinner)

Dinner \$25.00 x _____ = _____

T-shirt \$20.00 x _____ = _____ size(s) _____

*Please add extra to total amount of training

Please make all checks out to **Ralph Batty, Jr.**

2012 IOGKF-USA North East Regional Gasshuku
Participation form

Register by mail to:
Connecticut IOGKF
PO Box 1922
Groton, CT 06340

This form must be completed and signed by the participant (18years and older) or parent/ guardian (of those under 18) in order to participate in the 2012 IOGKF-USA North East Regional Gasshuku.

Part 1- Participant Information

Name _____ Age _____
Address _____
City _____ State _____ Zip code _____
Phone number _____ Email _____
Dojo Name _____
Rank _____
Instructor _____
T-shirt size YS YM YL SM MED LRG XL XXL XXXL (circle one)

I promise to adhere to the rules and regulations that govern the 2012 IOGKF-USA North East Regional Gasshuku, to keep myself in good physical condition and to take proper care of all issued equipment. I also promise to conduct myself at all times in a respectful manner before, during and after the event.

Due to the inherent potential for injury involved in participation in athletic and physical activities, I promise to adhere to all instructions/warnings regarding techniques, training methods, rules of the sport, and all the event rules/regulations. I understand that verbal and or written instructions may be incorporated in this agreement and I hereby promise to obey all such instructions. If I feel that any part of either the facility, or the activity, is unsafe, I will alert the officials immediately, and refuse to participate further.

(Signature of participant)

(Date)

PART 2- PARENTAL CONSENT SECTION: TO BE COMPLETED / SIGNED BY PARENT / GUARDIAN.

It is with my consent that my child _____
(Print full name of child)
may participate in the 2012 IOGKF-USA North East Regional Gasshuku.

PART 3- PARTICIPANT/ PARENTAL WAIVER SECTION: TO BE COMPLETED / SIGNED BY PARTICIPANT/ PARENT / GUARDIAN.

I _____ am aware that Karate, like in any other athletic or physical activity, involves the potential for injury. I acknowledge that even with the best coaching, use of proper protective equipment and strict observance of rules, injuries will occur. I give my approval for my/ my child's participation in the North East Regional Gasshuku activities and assume all such risks and hazards incidental to participation. I absolve, indemnify and agree to hold harmless, and not to sue the New London Plaza Hotel, staff, the organizers of the North East Regional Gasshuku, and its programs, sponsors, coaches and other participants from all such risks and hazards. I acknowledge that any medical assistance that may be given in case of an injury will be of a first-aid level only. If the first responders deem further medical attention necessary, the individual will be transported to a medical facility. I consent that any photographs or video recordings furnished by me or taken by me in connection with the IOGKF-USA North East Regional Gasshuku can be used for any publicity, promotion or television showing, and waive compensation in regards hereto. I have read and understand the statements in the preceding waiver and acknowledge the complete acceptance of the same.

(Signature of participant or parent / guardian)

(Date)

Gasshuku Rules/ etiquette

- All participants must wear a clean white gi.
- Participants must be on time for training, please arrive at least 15 minutes prior to the start of session.
- All students are expected to conduct themselves in the tradition of true karate do with proper etiquette at all times.
- Participants may bring water bottles and a towel.
- Spectators must stay off of the training floor and be respectfully quite during the session.
- All junior students who attend must try to maintain a level of concentration appropriate to the training.
- All participants with preexisting injuries must report them to the Sensei running the session before the training begins.



Local Attractions

The following website will fill you in on all of the area attractions some with in walking distance of the Plaza, other just minutes away.

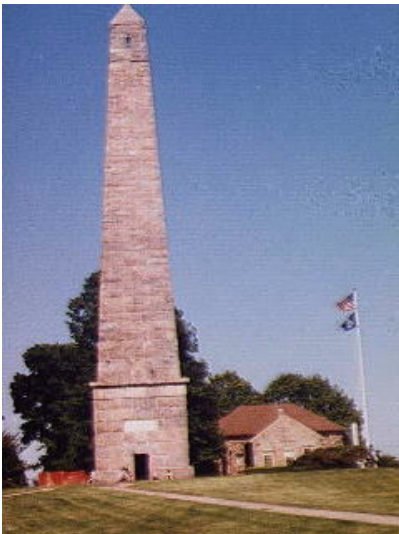
<http://www.mystic.org/browse/what-to-do>



Mystic



New London



Groton



Mohegan Sun Casino

2012 IOGKF-USA NE Regional Gasshuku Check in

Friday May 4th	3:30pm- 8pm	Gasshuku Packet Pick up
	<ul style="list-style-type: none">• Packet includes: T-shirt, dinner ticket and schedule	
Saturday May 5th	8am – 11am	Gasshuku Packet pick up

***The check in table will be located outside of the banquet room in the New London Plaza.**